

Croissants and Pinwheel Trays



An assortment of chicken salad and tuna salad mini croissant sandwiches, Greek chicken wrap pinwheels, southwest turkey wrap pinwheels and Asian grilled chicken wrap
Serves 6 – 8 for \$67.00



Meal Time Signature Tray
Marinated Grilled Vegetables
Assorted seasonal vegetables marinated heavily in our blend of garlic, herbs vinegar and olive oil. The perfect, unique snacking tray or accompaniment to any sandwich or entrée
Serves 6 – 8 for - \$30.00

Imported and Domestic Cheese Display
Served with an assortment of quality cheeses, parmesan crostini's and garnish with seasonal fruits and berries
Serves 6 – 8 for \$42.95

Seasonal Melons and Berries Display
Garnished and Served with Honey Lime Dipping Sauce
Serves 6 – 8 for \$38.95

Boxed Lunches

Our boxed lunches are the ideal meal for your next outing, event, meeting- on the go or any function. Choose from one of our five creative combinations and make your event an easy success.
All box lunches except the Healthy Sport and Spa Package come with kettle chips, fresh cookie, pickle and grilled vegetables.

The Basics
Your choice of Shaved Smoked Turkey, Roast Beef, Honey Ham, Tuna Salad or Chicken Salad on our Fresh Ciabatta Roll or Whole Wheat Bread with Greens and Tomato.
\$7.99

The Healthy Sport Pack
Your Choice of Marinated Grilled Chicken, Shaved Smoked Turkey, Tuna Salad or Chicken Salad on Whole Wheat or in a Low-Carb Tortilla Wrap with Cheese and a Light Dressing. Trail Mix with Dried Fruit, Fresh Grapes and Berries and Marinated Grilled Vegetables.
\$9.99

Half & Half
Your Choice of a Half Sandwich From Our Selection and a Choice of a Half Portion of One of Our Signature Gourmet Salads
Choose From:
Pecan Crusted Chicken Salad with Maple Balsamic Dressing
Light Pasta Salad with Grilled Chicken
Greek Chicken Salad
Or
Chinese Chicken Salad
\$8.99

Meal Time Signature Box
A Half Portion of Our Signature TABS Sandwich and Another Half of our Signature Roast Beef with Horseradish Cheddar Cheese and Boursin Mayo
\$8.99

The Spa Package
Your Choice of Marinated Grilled Chicken or Grilled Ahi Tuna
Chilled Soba Noodles and Asian Green Beans
Roasted Red Pepper Shot and Beet Infused Couscous
Fresh Seasonal Melons, Berries and Grapes
\$9.99



Serves 8 – 10 people

Little Italy
Chicken Marsala, Chicken Picatta, or Chicken Parmesan
Served With Angel Hair Pomodoro and Fresh Garlic Bread
\$59.95

Eggplant Parmesan
Served with Angel Hair Pomodoro and Fresh Garlic Bread
\$49.99

Baked Ziti with Meat Sauce
\$44.95

South of the Border
Grilled Beef, Chicken or Combo Fajitas
Served with Grilled Peppers and Onions, Flour Tortillas, Pico, Chips and Salsa, Rice and Beans, Guacamole, Sour Cream, Shredded Lettuce, and Cheese
\$99.95
Est. ¼ pound per person \$129.95
Est. ½ pound per person

Southwest Chicken and Sour Cream Enchiladas
Served with Rice and Black Beans
Chips and Salsa
Optional: Ranchero Sauce
\$85.95

MTM's Southwest Chicken and Rice Casserole
Tender Chicken, Corn, Peppers and Onions, Southwest Spices, Cheese and Fresh Cilantro Mixed with Rice
\$79.95

Texas BBQ

BBQ Brisket and Pulled Pork Sandwiches
Served with Caramelized Onions, Shredded Cheese, BBQ Sauce, Fresh Buns, Sliced Pickles, Onions and Jalapenos
Served with Country Style Cole Slaw and Potato Salad
\$99.95
Est. ¼ pound pp
\$129.95
Est ½ pound pp

BBQ Firecracker Shrimp
Jumbo Shrimp Stuffed with Jalapeno's and Pepper Jack Cheese
Wrapped with Smoked Bacon then Grilled and Glazed with Maple Chipotle BBQ Sauce
Served with Country Style Cole Slaw and Potato Salad
\$135.95
5 jumbo shrimp per person



Side's

Serves 5 – 6 people

Steamed Vegetable Medley - \$11.95
Vermont White Cheddar Scalloped Potatoes \$19.95
Marinated Grilled Vegetables - \$19.95
Sweet Potato Fries - \$11.95
Seasoned Baker Potatoes with Fixin's - \$15.95



Entrée Salads

Chinese Chicken Salad
Chopped Romaine, Napa Cabbage, Mandarin Oranges, Bean Sprouts, Cilantro, Scallions, Tender Chicken and Crispy Won Tons with Sesame Soy Dressing

Greek Chicken Salad
Fresh Greens, Tomato, Cucumber, Shaved Red Onion, Feta Cheese, Croutons, Olives, Grilled Chicken and Greek Vinaigrette

Pecan Crusted Chicken Salad
Field Greens tossed with our Maple Balsamic Vinaigrette, Goat Cheese, Bacon, Tomato, Mandarin Orange, Apple and Pecan Crusted Chicken Breast

Choice of One, Serves 6- 8 for \$55.00
Choice of Two - \$60.00
Add Soup - \$17.00 additional

Beverages



Italian Sodas
(Pellegrino sparkling water flavored with one of over 30 delicious flavors)
\$20.95/gallon
Serves 10-12 people
up to 5 different flavors

Gourmet Teas
*China Black
*Apricot Mango
*Boysenberry
\$11.95/gallon
Serves 10-12 people

Gourmet Coffees
MealTime Signature Blend
Taste of Texas - Cinnamon, cocoa, vanilla
Fireside - Hazelnut, cinnamon, caramel
Double Chocolate Cinnamon
\$11.95/gallon
Serves 10-12 people

Wine by the bottle
Varies

Sweets
Cookies - \$12.95/Dz
Brownies - \$12.95/Dz
Lemon Bars \$24.95/Dz



& Cafe

**Making Your Life
A Little Easier**

2023 West McDermott Drive
Suite 260

www.mealtimemarket.com

214-383-4007

Catering Menu

We'll deliver everything you need to make your gathering a hit. A Meal Time Market staff delivers your meal in disposable containers, freshly cooked and still hot. We complete the delivery service by professionally setting your buffet table with disposable plates, napkins, flatware, serving utensils and paper table coverings.

24-hour notice required. Some minimums apply. A delivery fee of \$20.00 or 10% of total food and beverage, whichever is higher, will be added to the bill for delivery



Sandwiches

Your Choice of:
Assorted individual size gourmet sandwiches served on fresh ciabatta bread and tortilla wraps. Served with our light pasta salad, kettle chips, pickle spears and garnished with our signature marinated grilled veggies.

- Choose 4 from:
- * Shaved Roast Beef with Horseradish Cheddar
 - *T.A.B.S.-Turkey, Avocado, Bacon and Swiss with Pesto Mayo
 - * Greek Chicken Wrap
 - *Marinated Grilled Vegetable Sandwich
 - *Alley Cat- Shaved Ham, Genoa Salami, Provolone Cheese and Vegetables With Red Wine Vinaigrette
 - * Tuna Salad
 - * Chicken Salad
 - * Asian Grilled Chicken Wrap- Shredded Greens, Bean Sprouts
 - * Mediterranean Turkey with Tapenade, Feta and Roasted Pepper Mayo
- Serves 6 - 8 for \$60.00



Add Soup - \$17.00 additional

- *Creamy Tomato Basil
- *Smoked Turkey and Rice